



## ***Tijuana Personal Packing List***

- Permission forms
- Photo ID & Passport
- Prescriptions in original bottles, Pepto Bismol (2/day)
- Sleeping bag, blanket, small pillow
- Small foam or air mattress (single, not double, due to room capacity)
- Toiletries (toothbrush, toothpaste, brush, soap, shampoo)
- Towel and washcloth
- Flashlight and extra batteries
- Water bottle or canteen (labeled with your name)
- Sunglasses and hat/visor
- Sun block, lip balm, insect repellent
- Work gloves
- Work shoes (closed toes and thick soles)
- Work clothes long pants (no capris or tank tops)
- Camp clothes (longer shorts and dresses OK)
- Warm clothes for evening (jacket or sweatshirt)
- Camp shoes
- Spending money (small bills), 6 meals on road
- Ear plugs
- Camera & charger (same electricity as USA)
- Journal and pen

### **For the car:**

- Music to share (check w/ driver)
- Bottles of Water
- Snacks
- Cards/Games to share
- Wet wipes
- Motion sick medicine (if needed)

### **Paperwork Checklist**

- Original ID' s and copies
- Medical Release
- Health Form
- Medical Insurance copy
- Code of Conduct (teens only)
- Copies of US & Mexican insurance (drivers only)
- Driver's License (drivers only)

***Do not bring anything you can't or don't want to lose!!!! Use strong passwords on all devices you bring.***